



Tallinna Kaljuronimisklubi

Treeningud alates 18.05.2020 kuni 31.08.2020 Kristiine Spordihallis, Forelli 12, Tallinn

Training sessions in Kristiine Sporthall, Forelli 12, from 18.05.2020 to 31.08.2020

Päev Day	Aeg Time	Instruktor Climbing instructor	Märkused Remarks
E. Mon.	9:00 - 19:00	Iseseisev ronimine ronijakaardi alusel <i>Unsupervised climbing, access with climbing card</i>	
	19:00 - 20:30 *	Andrei Popov, tel. 5292959	Juhendatud treening <i>Instructed climbing session</i>
T. Tue.	9:00 - 19:00	Iseseisev ronimine ronijakaardi alusel <i>Unsupervised climbing, access with climbing card</i>	
	19:00 - 20:30 *	Igor Lematshko, tel. 5526705	Juhendatud treening <i>Instructed climbing session</i>
K. Wed.	9:00 - 19:00	Iseseisev ronimine ronijakaardi alusel <i>Unsupervised climbing, access with climbing card</i>	
	19:00 - 20:30 *	Tarmo Kiik, tel. 53448546	Juhendatud treening <i>Instructed climbing session</i>
N. Thu.	9:00 - 19:00	Iseseisev ronimine ronijakaardi alusel <i>Unsupervised climbing, access with climbing card</i>	
	19:00 - 20:30 *	Darja Frolova, tel. 55511687 Vladimir Galkin, tel. 56482298	Juhendatud treening <i>Instructed climbing session</i>
R. Fri.	9:00 - 20:30 *	Iseseisev ronimine ronijakaardi alusel <i>Unsupervised climbing, access with climbing card</i>	
L.** Sat.	10:00 - 17:30 *	Iseseisev ronimine ronijakaardi alusel <i>Unsupervised climbing, access with climbing card</i>	
P. ** Sun.	10:00 - 17:30 *	Iseseisev ronimine ronijakaardi alusel <i>Unsupervised climbing, access with climbing card</i>	

* Treeningu järgsed koristustööd, pesemine ja riietumine peavad olema lõpetatud hiljemalt Kristiine Spordihalli sulgemise ajaks kell 21.00 (laupäeval ja pühapäeval kell 18.00).
After the climbing session, floor clean-up, showering and dressing must be finished before the closing time of Kristiine Sporthall at 21.00 (at 18.00 on Saturdays and Sundays).

** Kristiine Spordihalli ronimisein on nädalavahetusel avatud kuni 30. juunini (k.a.). Alates 1. juulist on ronimisein avatud E-R (nädalavahetustel suletud).
The climbing wall at Kristiine sports hall will be open on weekends until June 30th (included). Starting from July 1st, the climbing wall will be open only on working days (Mon.-Fri.).